

DE-CRUIT®



Norwich University will host artists in residence Stephan Wolfert and Dawn Stern, co-directors of DE-CRUIT. Wolfert developed DE-CRUIT based upon his own experiences of post-traumatic stress and addiction while transitioning out of the military. The DE-CRUIT program uses Shakespeare, acting, and science-based practices to heal trauma and to aid in the transition from military service back into life as a civilian.

All performances and workshops are free.

THURSDAY, FEBRUARY 10

Opening reception to welcome our DE-CRUIT artists in residence Dawn Stern and Stephan Wolfert.

11 a.m. – 1 p.m. • Mack 416

FRIDAY, FEBRUARY 11

Trauma-Informed Teaching Workshop

2:00 – 4:00 p.m. • South Instruction Room, Kreitzberg Library

Our DE-CRUIT artists in residence will lead a conversation and workshop about responding to trauma in the classroom and in ourselves. *Cosponsored by the Institute for Innovation in Teaching and Learning*

SATURDAY, FEBRUARY 12

Cry Havoc! Performance

7:30 p.m. • Mack auditorium

This award-winning Off-Broadway play details Wolfert's struggle with post-traumatic stress and addiction after military service. The play will be followed by a discussion with Stephan Wolfert about his work with veterans using acting, Shakespeare, and science-based approaches to address trauma.

FRIDAY, FEBRUARY 18

Civil Discourse Session

3 – 4 p.m. • WCC218 Meeting Room

Dawn Stern and Stephan Wolfert from DE-CRUIT will lead a discussion of how trauma can disrupt and inform how we engage in civil discourse. *Sponsored by the Office of IDEAS (Inclusion, Diversity, Equity, Access, and Support)*

SATURDAY, FEBRUARY 19

Using Theatre to Treat the Effects of Trauma: Integrating Shakespeare and Science in Healing-Centered Practice

11:00 a.m. – 1:00 p.m. • Todd Multipurpose Room, Kreitzberg Library

This workshop offers participants a chance to experience the DE-CRUIT program's signature use of Shakespeare and acting to address trauma. This workshop will be informative and practical for actors, teachers, mental health professionals, and those interested in the science of trauma.

MONDAY, FEBRUARY 21

Trauma and Writing Workshop

3:00 – 4:30 p.m. • Todd Multipurpose Room, Kreitzberg Library

This hands-on workshop will focus on the role trauma can have in writing and the role writing can have in healing trauma. This workshop will be particularly valuable for teachers and creative writers. We will focus part of the session on how to create a secure environment for women writers expressing trauma.



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